

sleeping performance

sleeping in
residence at
gasthuis amsterdam

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#sleepingperformance

- SLEEPING ESPECIALLY THE TIME BETWEEN^h BEING AWAKE & ASLEEP.
- ~~SO~~ TRYING HARD TO BE NOT AWAKE FOR MOST OF THE TIME.
- TO BE DUMB + SLEEPY
- POLITE WAYS OF FALLING ASLEEP DURING TALKS, PRESENTATIONS,



SLEEPING IN DIFFERENT CONTEXTS

It is about:

- *production: utility, work,
- *territorialization, colonization and action
- *bare life (g. agamben)
- *"human relations": perception of conflicts. (also upsetting with "wrong time/wrong place")...
- *context / cultural environment (repertoire of sleeping performances)
- *outcome: negative outcome (the sleeping performer is "absent")

*TOOLBOX FOR:

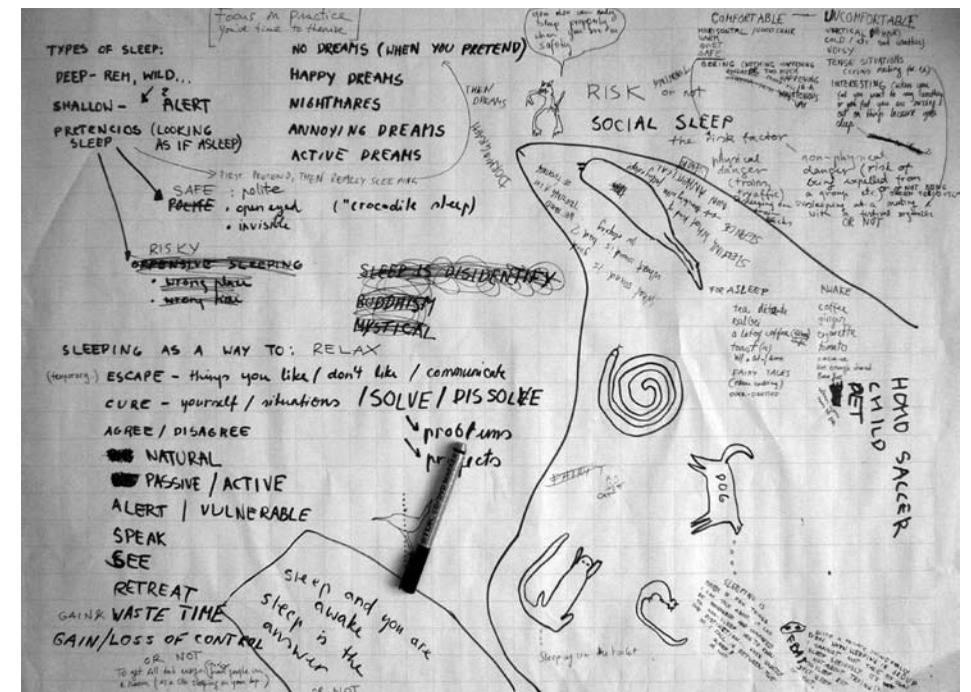
different ways to sleep:
 time of day/ length of performance/ visibility of performance (visible
 type: building sleep areas (aka social hammock, sleeping equipment



EXPEDITION: Amsterdam[§]

(beds, blankets, calmness teas), sleep soundtracks, etc. or the invisible type (performance blending finely into social dynamics).../ different places (better near heaters, see also sleep safety, pets, feng shui...)

[§] Social aspects and the meaning of sleep:
* People are looking down on sleeping people. Awakeness is cool. Sleeping is giving in.
* People envy your sleep. It makes them think they also cannot solve the problems. Sleep is an escape.



* People don't want to see you sleep. Sleeping is not part of any social code (like coughing, farting; unlike sneezing where one is supposed to say something as a response)
 – The altruistic aspect of sleeping: by sleeping i leave space for everyone else to be active,creative.
 – The egoistic aspect of sleeping: By sleeping you go into your private space. People have respect for that. keep quiet etc.

4 It was hard to tell who of the sleeping were performing and who weren't.
 Δ but then I recollect all the sleeping performances that had already happened before, long ago.
 voluntary or involuntary?
 Sleeping performance cannot be owned like other performances we have seen or done. It definitely has no author.
 ¶ There is no group, no common agreement, no creative commons, even no open source. Sleeping performance is individual and universal, kind of like sleep.
 Sleeping Performance always is the same. Performed invisible or visible, presented or unperformed, in a crowd or a small group, on stage or off stage, outside or inside of the creative markets, essentially the performance does not change. But depending on the context sleeping could have a different effect. Sleep is deep and mysterious just as much as it is a banality.
 – Also becoming more aware of the different simultaneous ways of being and perception in any situation. Do the ones asleep also share a common wavelength? What is sleep communication? Are we sometimes more "awake" when asleep?



Sleeping report – 27th October – Amsterdam –

After delaying the time to fall asleep in having interesting discussion with Barbara, I've finally started the process.

I first laid down in the middle of the So Fucking carpet, next to a chair and a table. It took a few minutes before feeling the mood to sleep naturally but it arrived then.

I slept for a certain period of time but don't know for how long. I felt a very good sensation for being there, the rest of the group talking around.

After a while I've been awoken by Ralo building up a shelter with chairs and black curtains. I was definitely stuck into sleep. I was wondering to move to an other location. It could have been great to occupy an other area of the battlefield but impossible at that time. So I gave up and returned back to deep sleep. I could mention I was so deep asleep I went to slobber.

Ralo joined.

After a while the discussion at the table turned to arguing and didn't dare to move... Finally after a short while Ralo moved underneath the table, I moved also to a corner next to the door, behind Andrea.

I tried out to sleep half sat half laid ; I didn't manage it. I laid down in order to sleep better. I didn't manage. I joined the table, sat on two chairs, tried out to sleep without obtrude the special discussion.

To be continued...

∞ sleeping performance starts in a boring context. When doing something over and over again, workshops, discussions, hoping for a different result suddenly seems pointless, maybe another strategy is necessary!

□ "Polite ways etc" the performers have to take in account the possibility of being misunderstood. Misunderstood in what? Provocation of what ?

3 Outcome is unknown: thus the risky nature of it.

∅ Sleeping is gentle (sleep never harmed anyone) on the other hand statistics say it is deadly. Even most scary monsters are cute when they sleep. Sleep as a shield/ appearance/ weapon



Sleeping report somewhere some time (maybe maybe you don't remember)

I am in the middle of a situation that sounds familiar, the tone is familiar, and the voices belong to people I know, as I sleep on , these voices begin to leave the speakers, and now only sounds are reaching me. Now and then a certain sound reaches me and instantly connects back to the speaker and to me. I want to respond, say something in return. But I keep performing, in fact I use all my strength now, because I somehow know they are now talking about me, and someone is explaining about the sleeping performance. I can tell, without hearing, in this one just can tell, a short while 30 seconds into the future,(with a concentration of sleep-balance- it is possible to know even when anyone in the room is thinking of you).. and then these voices and these people are near, talking to me directly, carefully observing any signs of fake- or wakefulness. Jokes don't make it easy for me. Now i only look like i'm asleep. Some of the people are unconvinced that this is a performance. My last resort, so no smiles could show, waiting for the next moment where a natural sleep-movement would occur, so I can turn my face away. I think of sleeping dogs.

It worked, all room is 90% convinced of the authenticity of this sleep. Well, probably less, but there is no way to prove anything, and better just leave it at that. check now and then.

and again, I am start from beginning, disconnect the people and the voices, the voices and the sounds, the smells and the room, the temperature and skin, time and movement, or is it connect? and there, (not to be continued, due to lack of recollection)

34 Hard to fall asleep because we also need to pay attention to the context and people around.

∩ This performance is a success at the only condition of being in a back and forth relation with the "audience". The audience has to take care of the performers? And only then it allows the



Sleeping Report Short Summary

in between there is lot of dark blue and green. but the ellipses are not in the focus. there is a lot of sound. i am a microphone indifferent to the content of language. i am a sleep recorder in alarm mode. i can hear the building singing. when the alarm is triggered the lids open for a single screenshot and it is not me who scans it, no longer me. i am 4 years old and there is a building on the wall. the building is cut in half and i see all the rooms simultaneously. i want to write but i don't want to write. something was returning very often and then it was gone and one time it returned again and i have forgotten what it was. i think you said that as you said that. i mumble. something is thirty and inbetween i slip to 19-1. at zero it is too short. what happened to the dream cinema. it was the greatest of all nights, a fever and lot of movies i stayed up all night and watched the closet screen while my parents were sleeping. (i wake up for lunch. i wake up for dinner. i gnarl when they get too agitated.)

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performers to fall asleep? Taking care of the performers doesn't mean to have a very special attention but only to make the thing possible; not possible to list all the parameters, not because they are to many but because it is an issue of how to make possible a certain kind of relationship between persons.



† The performer has to make different important choices, like deciding on the right moment, right place to settle, ... To learn that kind of knowledge.

© Very interesting and easy to refer to dogs, cats and all pets possible. There's a lot to learn and to practice out of those active watchings.

Ω interweaving archaic patterns of being together, dealing with the question about what is the state we are in in order to work and show the others we are at work.

But in the end working is not the issue, the issue would be better in the possibility of inventing group behaviors when some of the person seem not to be not active and some others are, from a production perspective. The issue is to get out of this production perspective in the performance field.